

A woman with long dark hair, wearing a red one-piece swimsuit, is lying on her side on a wooden bench in a sauna. She is looking towards the right, where a wall of glowing, rectangular stone tiles is visible. The lighting is warm and ambient, creating a relaxing atmosphere.

Your personal journey towards inner balance.

Wellness & Spa

MENU

“

Where the mountain breathes
and the body awakens.
True luxury is hearing your
heartbeat, undisturbed.

Strength comes from inner peace.

In a world that moves in noise and haste, true luxury is found in a moment of silence – in a place where you can slow down, breathe more deeply and briefly mute all outside sounds just to hear yourself again.

Gorski Wellness & Spa is more than a place for relaxation – it is your personal escape from everyday life; a space where the body unwinds, the mind lets go of stress and your energy gently returns to balance. Our mission is to create a unique spa and wellness experience that inspires a true commitment to healthy living – turning wishes and intentions into the purest enjoyment of life.

Allow yourself the experience of true peace and listen to the strength that rises from within.



Serenity is not a luxury.
It is a necessity.



We believe that true care begins from within. Gorski Wellness & Spa transforms the nature and landscape of Kopaonik into an elixir that restores strength, softens every movement and clears the mind.

More than treatments and more than relaxation – we create a complete experience that brings balance to body, mind and spirit. Each ritual, massage and treatment is carefully designed to follow your rhythm, calm the mind, release the body and help your inner compass find its way back to the centre – to you.

Our work is based on a holistic approach to health, awareness and personal growth. We treat every guest individually, guiding them through carefully selected rituals, natural treatments and the soothing energy of a space that supports healing.

With highly skilled therapists, the power of natural elements and professional products of the highest quality, Gorski Wellness & Spa leads you into a state in which you regenerate on every level.

This is your moment to slow down, listen to yourself and take a step towards a healthier life – in complete harmony with nature.

Dress code

Swimwear is mandatory. If you forget yours, a curated selection of modern, elegant swimsuits is available in our Spa boutique so you can enjoy your wellness experience with ease.



Welcome to the thermal world of Gorski Wellness & Spa – a space where warmth, steam and cooling contrasts become your personal cleansing ritual. Here, the body releases tension, the breath deepens and the mind gently unwinds.

Thermal World – rituals of water and fire

Russian sauna

Dry, high-intensity heat that strongly stimulates perspiration, speeds up the elimination of toxins and relaxes the entire body. Recommended in shorter but regular sessions, with cooling in between cycles.

Finnish sauna

Traditional sauna with higher humidity and a more moderate temperature. Ideal for gradual warming, it boosts circulation, supports detoxification and relaxes the muscles, leaving a strong feeling of regeneration.

Salt room

Also known as halotherapy. A space filled with microscopic salt particles that reach the respiratory system. Time spent in the salt room may support easier breathing, strengthen immunity, reduce tension and bring a deep sense of relaxation.

Bio sauna

A gentler version of the Finnish sauna, with a lower temperature and higher humidity, suitable for more sensitive guests. It offers effortless relaxation, improves skin circulation and has a pleasant effect on the respiratory system.



Regeneration & relaxation zone

Tepidariums, a unique relaxation room with waterbeds, experience showers, the indoor and outdoor pool, jacuzzi and ice bath create the perfect rhythm of warm and cold, movement and stillness. This is your space between treatments – for quiet, reading or simply closed eyes.

Steam room

Warm steam and high humidity provide powerful detox and a feeling of release. The steam room helps open pores, improves circulation, cleanses the airways and eases fatigue after a day on the slopes or outdoors.





In partnership with the Environ and its founder Dr Des Fernandes, a pioneer in the use of vitamin A and powerful antioxidants in skincare, we have created protocols that support skin health from the inside out – for results that are real, long-lasting and visible.

Facial rituals – intelligent skincare

Nothing refreshes you quite like a great facial. Whether you choose intensive hydration, anti-age support or deep cleansing, our therapists tailor every treatment to your skin’s needs, so you can fall in love with your reflection again and enjoy that unmistakable feeling of lightness and freshness that remains long after the ritual.

Revive your skin, awaken the senses and let your natural beauty shine through with facial rituals that combine advanced cosmetology and deeply relaxing techniques. Each protocol is carefully designed to deliver visible results – immediately after the treatment and over time.



Dr. Des Fernandes

Visionary plastic surgeon from South Africa, pioneer of modern anti-age medicine and founder of the Environ brand. His research into vitamin A and skin regeneration has radically changed aesthetics, elevating facial care to the scientific level.

Essential Environ electro-sonic treatments

ESSENTIAL YOUTH RESET 90 min / 15.900 RSD

A unique anti-age treatment enriched with peptides and high doses of vitamins that help soften fine lines and wrinkles and improve elasticity and skin tone. Ideal for tired, photo-damaged and mature skin in need of intensive regeneration and a “reset” of youthful radiance. The skin looks more rested, firmer and visibly rejuvenated.

ESSENTIAL COMFORT CALM 60 min / 8.900 RSD • 90 min / 11.900 RSD

Designed for sensitive, reactive and redness-prone skin. Soothing and protective ingredients help reduce irritation, tightness and discomfort while restoring the natural skin barrier. The complexion appears calmer and more luminous, with visibly improved texture.

ESSENTIAL RADIANCE REVEAL 60 min / 8.900 RSD • 90 min / 11.900 RSD

For tired, dull and uneven skin with dark spots and discolouration. A carefully selected blend of actives works to brighten the complexion, improve evenness and bring back a fresh, revived look. The result is smoother, glowing and revitalised skin.

ESSENTIAL VITAMIN TOUCH 60 min / 8.900 RSD

Created for guests for whom electro-sonic technology is not recommended. Through precisely designed manual techniques and rich vitamin complexes, the skin receives what it needs most – hydration, protection and deep nourishment. Ideal for sensitive, tired or thinned skin.



COOL PEEL treatments

Environ’s signature Cool Peel Technology is a non-invasive, intelligent approach to superficial peeling. It is designed for gradual, controlled removal of the outer layer, helping the skin to purify, refine and refresh – without aggressive peeling or irritation.

Experience a real, long-lasting transformation of your skin – with science in the service of beauty.

YOUTH RENEW COOL PEEL 60 min / 8.900 RSD • 90 min / 11.900 RSD

Targets signs of premature ageing such as fine lines, wrinkles and uneven tone. Gently renews the surface layer of the skin, supports collagen synthesis and restores smoothness and plumpness. Ideal for sun-damaged and visibly tired skin that needs a new beginning.

MOISTURE BOOST COOL PEEL 60 min / 8.900 RSD • 90 min / 11.900 RSD

Designed for dry, dehydrated and tired skin. This treatment combines a mild peel with intensive hydration, helping the skin retain moisture and regain softness. Suitable for use throughout the year and perfect as a regular ritual for a fresh, rested appearance.

DEEP CLEANSING COOL PEEL 60 min / 8.900 RSD • 90 min / 11.900 RSD

A deep yet gentle treatment for combination and oily skin prone to clogged pores and imperfections. It helps regulate excess sebum, purify pores and reduce breakouts. After the treatment, the skin appears clearer, more balanced and comfortably matte, with a lasting feeling of freshness and lightness.

Ayurvedic body rituals

Immerse yourself in the world of Ayurveda, one of the oldest holistic systems of caring for body and mind. These rituals combine warm oil massage, specific therapeutic techniques and calming aromas that deeply relax and regenerate the whole organism. This is an experience that works not only on the body – but transforms energy, emotions and the mind.

ABHYANGA MASSAGE 90 min / 12.900 RSD

Sansāra – “the never-ending flow” – is the symbol of this ritual. Warm Ayurvedic oils are applied with rhythmic strokes that follow the body’s energy lines, stimulating circulation and deeply relaxing the muscles. Abhyanga works on the physical and subtle body, helping to calm the nervous system and release stress and fatigue. The result is lasting lightness, warmth and inner peace.

SHIRODHARA TREATMENT 60 min / 9.900 RSD

A comprehensive ritual that brings deep calm to the nervous system and a clear, quiet mind. A gentle stream of warm oil poured over the forehead (the “third eye” point) helps ease headaches, tension and restless sleep. Specially formulated Shankara Shirodhara oil, made to traditional Ayurvedic recipes, also nourishes scalp and hair. Shirodhara is the choice for those seeking deep inner peace and emotional release.





HARMONIZING TREATMENT

60 min / 9.900 RSD

Specially designed harmonising protocols for women going through hormonal changes, including peri-menopause and menopause. This nurturing full-body treatment relaxes tense muscles, eases the feeling of “inner pressure” and helps the body feel light again. Ayurvedic techniques deepen relaxation and bring a sense of balance, emotional calm and wellbeing.

5 STAR TREATMENT

60 min / 9.900 RSD

This unique ritual begins by energising key meridians – head, hands and feet – together with a gentle back massage. Like the five points of a star, these zones act as powerful centres of life energy. The treatment first focuses on feet and hands: exfoliation, deep hydration and massage with refreshing aromatherapy oils stimulate circulation, release tension and restore lightness to every movement.

The Shankara 5-Star ritual is completed with a focus on the head: a soothing scalp massage and luxurious hair treatment that nourishes, softens and brings back natural shine. Once the “star” is complete, body and mind settle into a state of quiet balance.



SCRUB – BODY EXFOLIATION TREATMENT

60 min / 8.900 RSD

The ritual begins with a short introduction and relaxing aromatherapy inhalation, preparing the body for complete comfort and inviting you to shed tension and the “old layer” of fatigue.

A full-body exfoliation with Shankara Dead Sea salt then follows, providing intense skin renewal, removing rough cells and leaving the skin smooth, silky and refreshed. The treatment is performed with gentle Abhyanga-inspired techniques and rich oils that deeply nourish and protect the skin.



Release your body and feel the full power of touch. Enjoy every stroke, every breath of relaxation. Complete your ritual by surrendering to the quiet of the saunas before or after your massage and discover the magic of our Wellness & Spa world.

Massages & body therapies

Warm shower before treatment

A short shower before your massage relaxes the muscles and removes product residues that could clog pores when mixed with massage oils. Afterwards, slip into your bathrobe and come to the spa reception.

Surrender to the moment

Close your eyes, focus on your breathing and allow your body to melt into the silence. With every exhale, tension slowly fades away. This is your moment of peace – time to be fully present, just with yourself.

Talk to your therapist

Before the massage, tell your therapist which areas you would like to receive extra attention and which you prefer to avoid. During the treatment, feel free to say if the pressure is too strong or too light, or if you feel any discomfort – your comfort matters most. Open communication is the key to a massage tailored to your needs.

GORSKI RELAX MASSAGE

50 min / 7.900 RSD • 75 min / 9.900 RSD

Our signature full-body massage. A blend of tailored techniques gently melts away tension and guides the body back into balance. Warm, confident strokes stimulate circulation, release tight muscles and leave a lingering feeling of harmony and ease.

HOT STONE MASSAGE

50 min / 8.900 RSD • 75 min / 10.900 RSD

Smooth basalt stones are gently heated and used as an extension of the therapist's hands. The combination of warmth, weight and soothing oil penetrates deep into the muscles without feeling heavy, bringing profound relaxation and release.

AROMATHERAPY MASSAGE

50 min / 7.900 RSD • 75 min / 9.900 RSD

A fragrant full-body massage with carefully selected essential oils. At the same time it nourishes the skin, supports immunity and restores inner balance – breathing becomes deeper, thoughts become calmer.

TENSION ZONE MASSAGE (back, neck and arms)

50 min / 8.900 RSD

A focused treatment for the areas that carry the most pressure – back, neck and arms. Deeper techniques release tension, improve mobility and bring immediate relief. Note: *this is not a full-body massage*.



LYMPHATIC MASSAGE 50 min / 7.900 RSD

Exceptionally light, rhythmic strokes stimulate the lymphatic system, helping to remove excess fluids and toxins and relieve the feeling of heaviness in the body. Ideal after long sitting, travel or periods of increased fatigue, when the body needs regeneration and inner balance.

DEEP TISSUE MASSAGE 50 min / 9.900 RSD • 75 min / 11.900 RSD

An intensive, targeted massage for guests who prefer strong pressure. Especially suitable after sports activities, skiing or demanding workouts when the muscles are overloaded and “swollen” from effort. Deep techniques help break up muscle blockages and speed up recovery.

SOLE REJUVENATION 50 MIN / 7.900 RSD

Wellbeing is connected from head to toe – all the way to the hardest-working toes. This specially designed treatment for feet and calves releases tension, soothes sore areas and brings lightness back to your step. Perfect after a day on the slopes, hiking or long standing. Tip: *we recommend loose, comfortable clothing.*

REFLEXOLOGY 50 min / 8.900 RSD

Reflexology works on specific points on the feet that correspond to different parts of the body. Through precise pressure and rhythmic movements, this massage helps release deep tension, improve circulation and restore the natural flow of energy. An excellent choice for those who want to rebalance the whole body – with a treatment that starts from the feet.

GENTLE TOUCH KIDS MASSAGE 30 min / 5.900 RSD

A specially created, gentle massage for children. Soft, light strokes calm little ones, relax their muscles and help them unwind after activity. Natural oils care for delicate skin, while the warm atmosphere and skilled hands of the therapist create a feeling of safety, trust and peace.

PRENATAL MASSAGE 30 min / 6.900 RSD • 50 min / 8.900 RSD

A gentle, carefully adapted massage for expectant mothers, designed to ease tension in the back, hips and legs, reduce swelling and support better sleep. We use specially selected oils and positions that ensure maximum comfort and safety for both mother and baby. Note: *recommended for the second and third trimester.*

PROPO STEAM INHALATION 20–25 min / 3.900 RSD

Propo Steam is a mild, natural inhalation treatment with propolis. Through controlled warming, aromatic and bioactive components are released in the form of warm aerosol and inhaled through the nose and mouth.

The gentle steam moistens and soothes the mucous membranes, eases breathing and can help relieve the feeling of a dry, irritated or “stuffy” nose – especially after exposure to wind, cold or air-conditioning.

Note: *Propo Steam is part of our wellness offer and does not represent medical therapy nor a substitute for prescribed treatment.*

Express Menu

When you need short yet intense relaxation, choose one of our quick treatments focused on key tension zones. Ideal before or after a day on the slopes, between meetings or as a brief reset on your journey.



BACK, NECK & SHOULDERS 30 min / 5.900 RSD

Focuses on the areas that bear the most strain. A stiff neck and tight shoulders soften under the therapist’s hands while tension melts away.

FOOT MASSAGE 30 min / 5.500 RSD

Releases heaviness and fatigue from the feet, stimulates circulation and brings lightness back to every step. The perfect little reset.

FACE MASSAGE 30 min / 4.900 RSD

Gentle massage of the face, neck and décolleté relaxes expressive muscles, eases tightness and instantly refreshes the complexion.

HANDS & ARMS MASSAGE 30 min / 4.900 RSD

Suitable for those who work a lot or use their hands intensively. Relaxes joints, wrists and forearms, restoring a comfortable feeling of ease.





Offer for external guests

Take the opportunity to enjoy Gorski Wellness & Spa even if you are not staying at the hotel.

Wellness & Spa access until 3 pm / 3.900 RSD
Children 6–12 years – 50% discount

Wellness & Spa access from 3 pm / 8.000 RSD
Children 6–12 years – 50% discount

Note: each visit lasts 2 hours. Due to limited capacity, please book your preferred time in advance.

Gym

Day pass / 1,900 RSD
Weekly pass / 6,900 RSD
Monthly pass / 15,900 RSD

General information

To ensure the health and comfort of all our guests, smoking is not permitted in Gorski Wellness & Spa.

For the safety of your belongings, we recommend using the personal lockers. Please avoid bringing valuables into the thermal and treatment areas; Gorski Wellness & Spa and the hotel cannot be held responsible for any loss or damage.

Our friendly, professional team is here to help you choose treatments, schedule appointments and create the experience that best suits your needs.

If you have any special wishes, medical specifics or questions, please speak to us – together we will find a combination of rituals that is both beneficial and genuinely pleasant.

Cancellation policy

Treatments can be cancelled free of charge up to 6 hours before the scheduled time. For cancellations made less than 6 hours in advance, 50% of the treatment price will be charged. In case of no-show or cancellations within 1 hour of the appointment, 100% of the treatment price will be charged.

Changing the appointment time within 6 hours of the treatment is not possible. Refunds are not available for services already used or cancelled outside the stated time frame. If, for any reason, your experience does not meet expectations, please contact the Spa Manager – we are here to find the best solution.

Gratuities are not included in the price and are entirely optional. If you wish to thank your therapist in this way, you may do so discreetly in cash.



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Opening hours
10:00-22:00

From your room
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